



RECREATION DEPARTMENT

*The Heart of the Neighborhood*

[www.chulavistaca.gov/rec](http://www.chulavistaca.gov/rec)

385 Park Way • (619) 691-5088



# AQUA CAMP

## LEARN:

- Preventive Lifeguarding
- Water Polo
- Snorkeling
- many other Aquatic activities
- to prepare healthy meals
- to maintain a healthy lifestyle

